Power Flower activity instructions for Sadie by Courtney Summers

Sadie is an incredibly powerful book. One of the most shocking aspects of this book is how Sadie is able to be invisible in her community and then to disappear completely. When a person is not part of the dominant group, then society often ignores or forgets about whose voice is missing. To help your student group talk about whose voices are missing, taking part in the Power Flower activity is suggested. It is also a great activity to help students break the ice.

The goal of this activity is to determine the identities that have privilege in our Canadian society and where we as individuals fit. In doing so, it will help recognize how Sadie was able to be missed so often in her family, in school, and in the community. It may be helpful to explicitly tell the students that this activity is happening in a safe space, and that no one needs to tell their answers unless they want to.

**Supplies:** one copy of power flower worksheet for each participant; coloured pencils

**Process:**

1. Make sure each participant has their own copy.
2. Discuss together who is the more privileged in each petal. For example: in the language petal, you should identify that the dominant language with the most privilege in Canada is English. You can choose to continue with outer petals all the way around the flower or to proceed to step 3 on one petal before continuing.
3. Next have the students decide if they fit the privileged community identified in the outer petal for each category or not. For example: the students may not identify with the age petal as adults of voting age have more privilege than teenagers. Continue with the petals all the way around the flower. Again, discussion may happen, but don’t force anyone to reveal anything they don’t want to.
4. Ask the group: did anyone find anything surprising during this activity? Allow the discussion to happen.
5. Ask the group: how would Sadie have answered these questions? Where does she fit on each petal?

This activity is adapted from
[https://www.oise.utoronto.ca/edactivism/Activist_Resources/The_Power_Flower.html](https://www.oise.utoronto.ca/edactivism/Activist_Resources/The_Power_Flower.html)