

After her mother's sudden death, Karen finds herself back in her childhood home in Nova Scotia for the first time in a decade. Now the full-time caregiver for her older sister, Kelli, Karen begins to feel overcome by the isolation of her new role, and weighed down with guilt over the years she spent keeping her family at arm's length. When Trevor, one of Kelli's support workers, oversteps his role and offers advice and a shoulder to cry on, Karen gratefully accepts his somewhat overbearing friendship. But soon, as Trevor slowly insinuates himself into Karen and Kelli's lives, Karen starts to realize the suffocating nature of Trevor's "care."

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2020 Nominee

