

**The Science & Superpowers of Seaweed**A Guide for Kids **By Amanda Swinimer**

After reading the book, work individually or in small groups to answer and discuss the following questions.

What is seaweed?

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Why is seaweed described as a superpower?

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What are some of the coolest superpowers of seaweed? List at least three.

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What does it mean to be a sustainable seaweed harvester? Why is this important?  
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What types of seaweed can you find near you? Where are the closest ones located?

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Would you like to go harvesting seaweed? Why or why not?

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