



The Science & Superpowers of Seaweed

A Guide for Kids

By Amanda Swinimer



After reading the book, work individually or in small groups to answer and discuss the following questions.

What is seaweed?

Why is seaweed described as a superpower?

What are some of the coolest superpowers of seaweed? List at least three.

What does it mean to be a sustainable seaweed harvester? Why is this important?

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What types of seaweed can you find near you? Where are the closest ones located?

Would you like to go harvesting seaweed? Why or why not?
