

**The Science & Superpowers of Seaweed  
A Guide for Kids**

**By Amanda Swinimer**

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OCEAN SEAWEED MERMAID HARVEST  
 KELP CURRENT PHYCOLOGY VITAMINS  
 MINERALS OXYGEN STIPE BLADE   
 FROND ALGAE WATER SYMBIOTIC  
 INTERTIDAL SUBTIDAL MACROALGAE ECOSYSTEM  
 BIODIVERSE ECOLOGY PERENNIAL SUSTAINABLE  
 BEACH