



The Secret Pocket

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LET'S SEW: RECYCLED FABRIC SEWING

In the book The Secret Pocket the children sewed pockets to store food so they could survive. Learning to sew and weave is a tradition that is often passed down from family members in many cultures.

Objectives:

- Students will learn to sew using recycled materials.
- Students will learn to use leftover materials to make and sew pockets
- Find eco-friendly ways to reuse materials

Materials Needed:

- fabric scraps
- needles
- thread
- fabric scissors

Directions for Teachers:

Reach out to your local garment factory. They often have extra fabric that would normally end up at a landfill that can be picked up for free. Or, reach out to your school community and ask for old fabrics/clothes to donate.

The pockets could be sewed as pouches to put special items in, wishes or notes. They could also be sewed onto something else that the students make (e.g., a pillow with a secret pocket, a stuffed animal that they make, or a puppet).