



Printing Instructions Heart-o-Meter Blue Spruce Booklet

- **Paper Size:** 11 x 8.5 inches, landscape orientation
- **Print:** Double-sided (along the short edge)
- **Fold:** Fold in half to make a 4-page booklet

Optional: Add extra worksheets or activity sheets inside the booklet to create a mini “Forest of Reading” folder.

Credit: Heart-o-Meter graphic by Sara Furnival.



2026 Blue Spruce Award™ Heart-o-Meter Book Ratings



Thinking About Our Hearts and Stories

When we read, some stories fill our hearts a little... and some fill them all the way to the top! Use these thinking stems to help you explain why you coloured your thermometer the way you did.

How the story made you feel

1. This story made me feel... because...
2. My heart felt warm when...
3. I liked when the character...
4. I was surprised when...

About the Characters

1. The character learned that...
2. I liked how the characters worked together when...
3. I think the character felt _ _ _ because...
4. I would be friends with this character because...

What you liked about the story

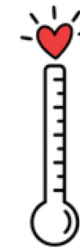
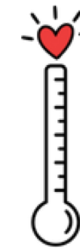
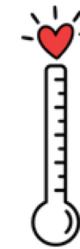
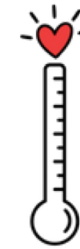
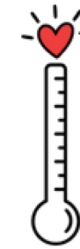
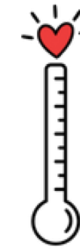
1. I liked this story because...
2. The best part was when...
3. The pictures helped me feel or imagine...
4. I liked how the author showed...

What the story made you think about

1. This story reminded me of...
2. It made me think about a time when...
3. The message or big idea was...
4. I learned that...

How much did each Blue Spruce story fill your heart?

Colour in the thermometer to show how much you enjoyed or connected with the story. The higher you colour, the more your heart was warmed!



Heart-o-Meter graphic by Sara Furnival.